

FORMULARY EXCLUSIONS

When Patients Lose Access to Prescribed Medication

The medication waiting for you at the pharmacy counter **might not** be the one you were prescribed.

THAT MAY BE BECAUSE OF A FORMULARY EXCLUSION LIST.



EXCLUSION LISTS IDENTIFY THE MEDICATIONS THAT YOUR HEALTH INSURANCE **WON'T COVER.**

And while they protect profits for insurers and pharmacy benefit managers, **they can cause problems for patients:**



DELAYED ACCESS
to critical treatment



REDUCED TREATMENT ADHERENCE



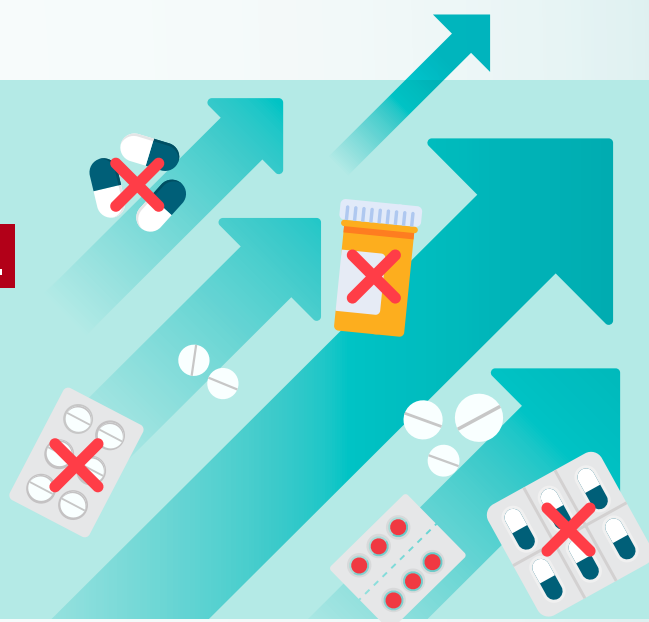
HIGHER OUT-OF-POCKET COSTS



INCREASED VISITS to the emergency room¹

FORMULARY EXCLUSION LISTS ARE **GROWING.**

Medication exclusions across the country's three largest formularies rose **more than 300%** between 2016 and 2020.²



IF A MEDICATION YOU NEED IS ON AN EXCLUSION LIST, YOU CAN REQUEST A **FORMULARY EXCEPTION.**



1
Review your plan or pharmacy benefit manager's **exception policy.**



2
Ask your physician to help with submission.



3
Obtain and share **all required forms** with your physician.



4
Track and follow up on the request.

EXCLUSIONS LISTS SHOULDN'T exclude patients from optimal care.



PARTNERSHIP TO ADVANCE
Cardiovascular Health

1. The Effect of Formulary Restrictions on Patient and Payer Outcomes, Journal of Managed Care + Specialty Pharmacy
2. Skyrocketing Growth in PBM Formulary Exclusions Raises Concerns About Patient Access, Xcenda